

Sunday
Monday
Tuesday
Wednesday
Thursday
Friday
Saturday

January 2022

January Is "Z" Best – Assisted Living

<p>10:00 Themed Matinee; (MT) 2 <u>Zookeeper</u></p> <p>1:45 Spiritual Eldercare; (LR) <u>New Year</u></p> <p>3:00 Knitting & Crochet Club (LR)</p> <p><u>Sports/Shows/Movies can be viewed in any common area upon request</u></p>	<p>10:30 Spiro 100 Exercise; (MT) 3 <u>Strength & Flexibility</u></p> <p>11:00 Monday Mindbender;(MT) <u>Jeopardy Trivia</u></p> <p>1:45 Discuss & Recall; (MT) <u>What's New in 2022</u></p> <p>2:45 Monthly Star Matinee; (MT) <u>Sunny</u></p>	<p>10:30 Coffee Klatch; (P) 4 <u>Donuts & Coffee</u></p> <p>1:45 Bingo (P)</p> <p>3:00 Cooking Corner; (AR) <u>Zoodle Salad</u></p> <p>6:30 Movie Club Night; (MT) <u>Tower Heist</u></p>	<p>10:15 Walking Club (LR) 5</p> <p>11:00 Group Crosswords (MT)</p> <p>1:45 The Auburn Hill Players (MT)</p> <p>2:45 Special Screening; (MT) <u>Z : The Beginning of Everything</u></p> <p>6:30 Mix & Mingle Social Club (P)</p>	<p>10:30 Spiro 100 Exercise; (MT) 6 <u>Memory, Focus & Concentration</u></p> <p>11:15 Crafting Corner; (AR) <u>Indoor Snowflakes</u></p> <p>1:45 Bingo (P)</p> <p>4:30 Happy Hour (P)</p> <p>6:30 Themed Movie Night; (MT) <u>Zeigfeld Follies</u></p>	<p>10:30 Hasfit Exercise (MT) 7</p> <p>11:00 Discuss & Recall; (MT) <u>The History of the Zodiac</u></p> <p>12:00 Catholic Communion (LR)</p> <p>1:45 Star of the Month; <u>Ray Bolger</u></p> <p>2:45 Monthly Star Matinee;(MT) <u>The Wizard Of Oz</u></p>	<p>1</p> <p>10:00 New Year Matinee; (MT) <u>When Harry Met Sally</u></p> <p>1:45 Bingo (P)</p> <p>3:00 Saturday Game Group (L) <u>Parcheesy</u></p> <p style="text-align: center;">New Year's Day</p>
<p>10:00 Themed Matinee; (MT) 9 <u>Zoolander</u></p> <p>1:45 Spiritual Eldercare; (LR) <u>Honor</u></p> <p>3:00 Knitting & Crochet Club (LR)</p> <p><u>Sports/Shows/Movies can be viewed in any common area upon request</u></p>	<p>10:30 Spiro 100 Exercise; (MT) 10 <u>Strength & Rhythm</u></p> <p>11:00 Monday Mindbender;(MT) <u>Famous Lasts Trivia</u></p> <p>1:45 Open Mic Comedy Show (P)</p> <p>2:45 Monthly Star Matinee; (MT) <u>Rosalie</u></p>	<p>10:30 Spiro100 Exercise; (MT) 11 <u>The Complete Workout</u></p> <p>11:00 Z to A Musical Trivia (MT)</p> <p>1:45 Bingo (P)</p> <p>3:00 Cooking Corner; (AR) <u>Zucchini Bread</u></p> <p>6:30 Movie Club Night; (MT) <u>Pale Rider</u></p>	<p>10:15 Walking Club (LR) 12</p> <p>11:00 Wacky Wordies (MT)</p> <p>1:45 The Auburn Hill Players (MT)</p> <p>2:45 Special Screening; (MT) <u>Z : The Beginning of Everything</u></p> <p>6:30 Mix & Mingle Social Club (P)</p>	<p>10:30 Spiro 100 Exercise; (MT) 13 <u>Love & Connection</u></p> <p>11:15 Crafting Corner; (AR) <u>Zulu-Inspired Friendship Pins</u></p> <p>1:45 Bingo (P)</p> <p>4:30 Happy Hour (P)</p> <p>6:30 Themed Movie Night; (MT) <u>The Great Ziegfeld</u></p>	<p>10:30 Hasfit Exercise (MT) 14</p> <p>11:00 Travelogue; <u>Zambian Safari</u></p> <p>12:00 Catholic Communion (LR)</p> <p>1:45 Music with Mary Stella (P)</p> <p>2:45 Monthly Star Matinee;(MT) <u>April In Paris</u></p>	<p>15</p> <p>10:00 New Year Matinee; (MT) <u>An American In Paris</u></p> <p>1:45 Bingo (P)</p> <p>3:00 Saturday Game Group (L) <u>Battleship</u></p>
<p>10:00 Themed Matinee; (MT) 16 <u>We Bought A Zoo</u></p> <p>1:45 Spiritual Eldercare; (LR) <u>Hope</u></p> <p>3:00 Knitting & Crochet Club (LR)</p> <p><u>Sports/Shows/Movies can be viewed in any common area upon request</u></p>	<p>10:30 Spiro 100 Exercise; (MT) 17 <u>Flow With Flexibility</u></p> <p>11:00 Discuss & Recall; (MT) <u>Celebrating Martin Luther King JR.</u></p> <p>1:45 Piano with Joe L. (LR)</p> <p>2:45 Matinee; (MT) <u>Selma</u> <small>Martin Luther King Jr. Day</small></p>	<p>10:30 Spiro100 Exercise; (MT) 18 <u>Tai Chi for Everyone</u></p> <p>11:00 Z Scavenger Hunt (MT)</p> <p>1:45 Bingo (P)</p> <p>3:00 Cooking Corner; (AR) <u>Zapiekanka Polish Pizza</u></p> <p>6:30 Movie Club Night; (MT) <u>The Proposal</u></p>	<p>10:15 Walking Club (LR) 19</p> <p>11:00 Group Crosswords (MT)</p> <p>1:45 The Auburn Hill Players (MT)</p> <p>2:45 Special Screening; (MT) <u>Z : The Beginning of Everything</u></p> <p>6:30 Mix & Mingle Social Club (P)</p>	<p>10:30 Spiro 100 Exercise; (MT) 20 <u>Energy & Happiness</u></p> <p>11:15 Crafting Corner; (AR) <u>ZigZag Garland</u></p> <p>1:45 Bingo (P)</p> <p>4:30 Happy Hour (P)</p> <p>6:30 Themed Movie Night; (MT) <u>Zorro</u></p>	<p>10:30 Hasfit Exercise (MT) 21</p> <p>11:00 Discuss & Recall; <u>Dazzling Zebras</u></p> <p>12:00 Catholic Communion (LR)</p> <p>1:45 Monthly Star Matinee;(MT) <u>The Harvey Girls</u></p> <p>3:00 Cooking with Ken (P)</p>	<p>22</p> <p>10:00 New Year Matinee; (MT) <u>Carnival Night</u></p> <p>1:45 Bingo (P)</p> <p>3:00 Saturday Game Group (L) <u>Monopoly</u></p>
<p>10:00 Themed Matinee; (MT) 23 <u>The Zookeepers Wife</u></p> <p>1:45 Spiritual Eldercare; (LR) <u>Love</u></p> <p>3:00 Knitting & Crochet Club (LR)</p> <p><u>Sports/Shows/Movies can be viewed in any common area upon request</u></p> <p style="text-align: center;"><small>Activity Professionals Week</small></p>	<p>10:30 Spiro 100 Exercise; (MT) 24 <u>Strong & Flexible</u></p> <p>11:00 Monday Mindbender;(MT) <u>Random Trivia</u></p> <p>1:45 Music with Craig Anders (P)</p> <p>2:45 Monthly Star Matinee; (MT) <u>Stage Door Canteen</u></p>	<p>10:30 Spiro100 Exercise; (MT) 25 <u>Sitting Start</u></p> <p>11:00 Zig Zag Zoom (MT)</p> <p>1:45 Bingo (P)</p> <p>3:00 Cooking Corner; (AR) <u>Zopf Swiss Bread</u></p> <p>6:30 Movie Club Night; (MT) <u>The Bourne Identity</u></p>	<p>10:15 Walking Club (LR) 26</p> <p>10:30 Food Committee Meeting (LR)</p> <p>11:00 Resident Council Meeting (LR)</p> <p>1:45 The Nutty Auction (P)</p> <p>2:45 Special Screening; (MT) <u>Z : The Beginning of Everything</u></p> <p>6:30 Mix & Mingle Social Club (P) <small>Australia Day (observed)</small></p>	<p>10:30 Spiro 100 Exercise; (MT) 27 <u>Kickboxing</u></p> <p>11:15 Crafting Corner; (AR) <u>Zooming Zebras</u></p> <p>1:45 Bingo (P)</p> <p>4:30 Happy Hour (P)</p> <p>6:30 Themed Movie Night; (MT) <u>Zodiac</u></p>	<p>10:30 Hasfit Exercise (MT) 28</p> <p>11:00 Men's Club (P)</p> <p>12:00 Catholic Communion (LR)</p> <p>1:45 Gym Assessment with Fox Rehab (G)</p> <p>3:30 Arts & Crafts with Jacki (AR)</p>	<p>29</p> <p>10:00 New Year Matinee; (MT) <u>The Gold Rush</u></p> <p>1:45 Bingo (P)</p> <p>3:00 Saturday Game Group (L) <u>Mexican Train Dominoes</u></p>
<p>10:00 Themed Matinee; (MT) 30 <u>Zootopia</u></p> <p>1:45 Spiritual Eldercare; (LR) <u>Joy</u></p> <p>3:00 Knitting & Crochet Club (LR)</p> <p><u>Sports/Shows/Movies can be viewed in any common area upon request</u></p>	<p>10:30 Spiro 100 Exercise; (MT) 31 <u>Chair Yoga for Better Posture</u></p> <p>11:00 Monday Mindbender;(MT) <u>More Jeopardy Trivia</u></p> <p>1:45 Food For Thought; (P) <u>Desserts that start with Z</u></p> <p>2:45 Monthly Star Matinee; (MT) <u>Babes in Toyland</u></p>	<p>Birthdays with Pizzaz</p> <p>1/2 – Carol D</p> <p>1/2 – Gail Y</p> <p>1/5 – James S</p> <p>1/20 – Juanita W</p> <p>1/31 – Otto L</p>				

Change is a good thing! Our Calendar is subject to change. Anything in **Red** is a featured activity/event. Activities are a minimum of 30 minutes each.

1st Floor: (P) - Pub | (DR) - Dining Room | (G) – Gym | (PT) Patio | (MT) Movie Theater
2nd Floor: (LR) - Living Room | (B) - Bistro | (L) – Library
3rd Floor: (AR) – Activity Room
(O) – Outing