

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2021

Anything is PASTA-ble in October – Assisted Living



10:30 Hasfit Exercise (MT) **1**
 11:00 Group Challenge! (P)
Spaghetti & Marshmallow Tower
 12:00 Catholic Communion (MT)
 1:45 Star Of The Month; (MT)
Kevin Kline
 2:45 Monthly Star Matinee;(MT)
A Fish Called Wanda

2
 10:00 Movie Club Choice; (MT)
Bringing Up Baby
 1:45 Bingo (P)
 3:00 Saturday Game Group (L)

10:00 Movie Club Choice; (MT) **3**
The Bone Collector
 1:45 Spiritual Eldercare; (LR)
Courage
 3:00 Knitting & Crochet Club (LR)
NFL Games can be viewed in any common area upon request

10:30 Spiro 100 Exercise; (MT) **4**
Let's Move!
 11:00 Monday Mindbender;(MT)
Pasta Trivia
 1:45 Discuss & Recall; (AR)
Cute & Sleepy Sloth
 2:45 Monthly Star Matinee;(MT)
Last Vegas

10:30 Coffee Klatch; (P) **5**
Donuts & Coffee
 1:45 Bingo (P)
 3:00 Cooking Corner; (AR)
Dark Cocoa Autumn Cookies
 6:30 Halloween Movie Night; (MT)
Tower Of Terror

10:15 Walking Club (LR) **6**
 11:00 Group Crosswords (MT)
 1:45 **Music with James Curry (P)**
 2:45 Spaghetti Western Movie; (MT)
The Good, The Bad, The Ugly
 6:30 Mix & Mingle Social Club (P)

10:30 Spiro 100 Exercise; (MT) **7**
Strength with Rhythm
 11:15 Crafting Corner; (AR)
Dining Room Centerpieces
 1:45 Bingo (P)
 4:30 Happy Hour (P)
 6:30 Alfred Hitchcock Movie; (MT)
Psycho

10:30 Hasfit Exercise (MT) **8**
 11:00 Who/What Am I? (AR)
 12:00 Catholic Communion (MT)
 1:45 Pumpkin Chuck (P)
 2:45 Monthly Star Matinee;(MT)
Sophies Choice

9
 10:00 Movie Club Choice; (MT)
Unstoppable
 1:45 Bingo (P)
 3:00 Saturday Game Group (L)

10:00 Movie Club Choice; (MT) **10**
Cast Away
 1:45 Spiritual Eldercare; (LR)
Suffering
 3:00 Knitting & Crochet Club (LR)
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10:30 Spiro 100 Exercise; (MT) **11**
Sit & Stretch
 11:00 Indigenous Peoples Day (AR)
 1:45 Painting Indigenous People (AR)
 2:45 Monthly Star Matinee;(MT)
Wild Wild West
 Columbus Day (US)
 Indigenous Peoples' Day
 Thanksgiving (Canada)

10:30 Spiro100 Exercise; (MT) **12**
Joyous Movements Part 1
 11:00 World Series Facts & Fun (P)
 1:45 Bingo (P)
 3:00 Cooking Corner; (AR)
Chicken Bacon Ranch Rolls
 6:30 Halloween Movie Night; (MT)
Ghostbusters

10:15 Walking Club (LR) **13**
 11:00 Group Crosswords (MT)
 1:45 The Write Word (P)
 2:45 Spaghetti Western Movie; (MT)
The Man From Nowhere
 3:00 **Sightseeing Fall Foliage (O)**
 6:30 Mix & Mingle Social Club (P)

10:30 Spiro 100 Exercise; (MT) **14**
Strength & Flexibility
 11:15 Crafting Corner; (AR)
Pasta Mandalas
 1:45 Bingo (P)
 4:30 Happy Hour (P)
 6:30 Alfred Hitchcock Movie; (MT)
Rear Window

10:30 Hasfit Exercise (MT) **15**
 11:00 Food For Thought; (P)
Making Pasta!
 12:00 Catholic Communion (MT)
 1:45 Monthly Star Matinee;(MT)
Pirates of Penzance
 3:00 **Cooking with Ken (P)**

16
 10:00 Movie Club Choice; (MT)
Gran Torino
 1:45 Bingo (P)
 3:00 Saturday Game Group (L)

10:00 Movie Club Choice; (MT) **17**
Good Fellows
 1:45 Spiritual Eldercare; (LR)
Compassion
 3:00 Knitting & Crochet Club (LR)
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10:30 Spiro 100 Exercise; (MT) **18**
Sitting Start
 11:00 Monday Mindbender;(MT)
Jeopardy Trivia
 1:45 **Piano with Joe L. (LR)**
 2:45 Monthly Star Matinee;(MT)
Silverado

10:30 Spiro100 Exercise; (MT) **19**
Joyous Movements Part 2
 11:00 Discuss & Recall;
The USS Eldridge
 1:45 **Magic Show with Roy (P)**
 3:00 Magic Bingo (P)
 6:30 Halloween Movie Night; (MT)
Hocus Pocus

10:15 Walking Club (LR) **20**
 11:00 Group Crosswords (MT)
 1:45 Name That Pasta (P)
 2:45 Spaghetti Western Movie; (MT)
Django
 3:00 **Sightseeing Fall Foliage (O)**
 6:30 Mix & Mingle Social Club (P)

10:30 Spiro 100 Exercise; (MT) **21**
Seated FUNtional Fitness
 11:15 Crafting Corner; (AR)
Scarecrow Candy Holder
 1:45 Bingo (P)
 4:30 Happy Hour (P)
 6:30 Alfred Hitchcock Movie; (MT)
The Birds

10:30 Hasfit Exercise (MT) **22**
 11:00 Discuss & Recall (P)
The History Of Horror Movies
 12:00 Catholic Communion (MT)
 1:45 Travelogue; (MT)
Discovering Denmark
 2:45 Monthly Star Matinee;(MT)
Dave

23
 10:00 Movie Club Choice; (MT)
Keeping The Faith
 1:45 Bingo (P)
 3:00 Saturday Game Group (L)

10:00 Movie Club Choice; (MT) **24**
The Shawshank Redemption
 1:45 Spiritual Eldercare; (LR)
Laughter
 3:00 Knitting & Crochet Club (LR)
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10:30 Spiro 100 Exercise; (MT) **25**
Posture & Strength
 11:00 Decorating Pumpkins (MT)
 1:45 **Music with Craig Anders (P)**
 2:45 Monthly Star Matinee;(MT)
The Pink Panther

10:30 Spiro100 Exercise; (MT) **26**
Chair Belly Dance
 11:00 Do You Believe in Ghosts?
 1:45 Bingo (P)
 3:00 Cooking Corner; (AR)
Pumpkin Pudding Dip
 6:30 Halloween Movie Night; (MT)
Casper




10:00 Halloween Costume Shop! (AR) **27**
 10:15 Walking Club (LR)
 11:00 **Resident Council Meeting (LR)**
 1:45 **The Nutty Auction (P)**
 2:45 Spaghetti Western Movie; (MT)
Doc West
 6:30 Mix & Mingle Social Club (P)

10:30 Spiro 100 Exercise; (MT) **28**
Get on the Ball
 11:15 Crafting Corner; (AR)
Pasta Garland
 1:45 Bingo (P)
 4:30 **Halloween Social (P)**
 6:30 Alfred Hitchcock Movie; (MT)
Strangers on a Train

10:30 Hasfit Exercise (MT) **29**
 11:00 **Reggie's Men's Club (P)**
 12:00 Catholic Communion (MT)
 1:45 **Gym Assessment with Fox Rehab (G)**
 3:30 **Arts & Crafts with Jacki (AR)**

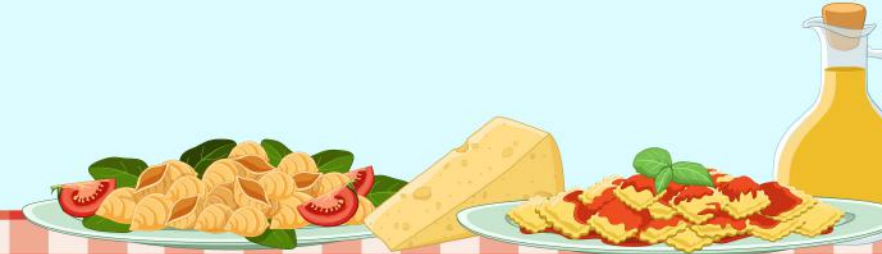
30
 10:00 Movie Club Choice; (MT)
The Hustler
 1:45 Bingo (P)
 3:00 Saturday Game Group (L)

10:00 Movie Club Choice; (MT) **31**
Dial M For Murder
 1:45 Spiritual Eldercare; (LR)
Wisdom
 3:00 Knitting & Crochet Club (LR)
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 Halloween

October Birthdays!

10/2 – Sherry H. 10/7 – Lois B.
 10/12 – Ethel M. 10/12 -Mari Ann P.
 10/17 – Eva V. 10/17 – J.R. R.
 10/19 – Sue C. 10/19 – Angie M.
 10/28 – Rita C.



Change is a good thing! Our Calendar is subject to change. Anything in Red is a featured activity/event. Activities are a minimum of 30 minutes each.

1st Floor: (P) - Pub | (DR) - Dining Room | (G) – Gym | (PT) Patio | (MT) Movie Theater

2nd Floor: (LR) - Living Room | (B) - Bistro | (L) – Library

3rd Floor: (AR) – Activity Room

(O) – Outing

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ata/Documents
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Containers/UBF8T346G9.Office/User
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Author: Ryan Musch
Keywords:
Comments:
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