May 2022

Innovations

Auburn Hill Swift Creek | 5800 Harbour Lane, Midlothian, Virginia 23112

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **National Lemonade Day** 9:30 Getting to Know You 10:00 Church Service **Dr. Charles Stanley** 10:30 Sit & Stretch 11:00 Hymn Sing 11:30 Spiritual Eldercare 3:00 Lemonade Sip and Social 3:30 Walking group	**2** **National Truffle Day** 9:30 Getting to Know You 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Let's Make a Deal 11:30 Dear Abby 3:00 Truffles and Trivia 3:30 Bingo 7:00 Wheel of Fortune	**3** 9:30 Getting to Know You 10:00 Exercise Class 10:30 Daily Devotions 11:00 Hymn Sing 11:30 Mind Joggers 3:00 Coffee and Convo 3:30 Karaoke 6:30 Movie Club	**4** 9:30 Getting to Know You 10:00 Daily Devotions 10:30 Balloon Volleyball 11:00 Daily Chronicle 11:30 Walking Group 3:00 Wine Down Wednesday 3:30 Pokeno 7:00 Wheel of Fortune 7:30 Jeopardy	**5** **Cinco de Mayo** 9:30 Getting to Know You 10:00 Sit and Stretch 10:30 Daily Chronicle 11:00 Word Builders 11:30 Sing a Long 3:00 Cinco de Mayo Fiesta 3:30 Bingo 6:30 Beauty Spa	**6** 9:30 Getting to Know You 10:00 Daily Devotions 10:30 Hymn Sing 11:00 Sit and Stretch 3:00 Mother's Tea Party; O 4:00 Music Therapy 7:00 Wheel of Fortune 7:30 Jeopardy	**7** 9:30 Getting to Know You 10:00 Sit and Stretch 10:30 Daily Chronicles 11:00 Word building 3:00 Snacks and Chats 3:30 Bowling League 7:00 Father Brown
8 **Mother's Day** 9:30 Getting to Know You 10:00 Church Service **Dr. Charles Stanley** 10:30 Sit & Stretch 11:00 Hymn Sing 11:30 Spiritual Eldercare 2:30 Snack Chat 3:30 Walking group	**9** 9:30 Getting to Know You 10:00 Chair Zumba 10:30 Daily Chronicle 11:00 Family Feud 11:30 Dear Abby 3:00 Ice Cream Social 3:30 Music Therapy 7:00 Wheel of Fortune 7:30 Jeopardy	**10** 9:30 Getting to Know You 10:00 Exercise Class 10:30 Daily Devotions 11:00 Hymn Sing 11:30 Mind Joggers 3:00 Tea for Two Tuesday 3:30 Pictionary Game 6:30 Movie Club	**11** 9:30 Getting to Know You 10:00 Daily Devotions 10:30 Balloon Volleyball 11:00 Daily Chronicle 11:30 Walking Group 2:30 Baking Group 3:00 Pokeno 3:30 Chat and Chew 7:00 Wheel of Fortune 7:30 Jeopardy	**12** 9:30 Getting to Know You 10:00 Sit and Stretch 10:30 Daily Chronicle 11:00 Music with Mary Stella 3:00 Bingo 3:30 Chat and Chew 6:30 Beauty Spa	**13** 9:30 Getting to Know You 10:00 Daily Devotions 10:30 Hymn Sing 11:00 Sit and Stretch 11:30 Catholic Communion 3:00 Music Therapy 3:30 Drama Club 7:00 Wheel of Fortune 7:30 Jeopardy	**14** 9:30 Getting to Know You 10:00 Sit and Stretch 10:30 Daily Chronicles 11:00 Music Therapy 2:30 Snacks and Chats 3:00 Sorting 7:00 Father Brown
15 **Chocolate Chip Day** 9:30 Getting to Know You 10:00 Church Service **Dr. Charles Stanley** 10:30 Sit & Stretch 11:00 Hymn Sing 11:30 Spiritual Eldercare 3:00 Cookies and Convo 3:30 Walking group	**16** 9:30 Getting to Know You 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Deal or No Deal 11:30 Dear Abby 3:00 Music with Joe 4:00 Bingo 7:00 Wheel of Fortune 7:30 Jeopardy	**17** 9:30 Getting to Know You 10:00 Exercise Class 10:30 Daily Devotions 11:00 Hymn Sing 11:30 Mind Joggers 3:00 Coffee and Convo 3:30 Karaoke 6:30 Movie Club	**18** 9:30 Getting to Know You 10:00 Daily Devotions 10:30 Balloon Volleyball 11:00 Daily Chronicle 11:30 Walking Group 3:00 Pokeno 3:30 Chat and Chew 7:00 Wheel of Fortune 7:30 Jeopardy	**19** 9:30 Getting to Know You 10:00 Sit and Stretch 10:30 Daily Chronicle 11:00 Word Builders 11:30 Sing a Long 3:00 Joy Ride; O 4:30 Bingo 6:30 Beauty Spa	**20** 9:30 Getting to Know You 10:00 Daily Devotions 10:30 Hymn Sing 11:00 Sit and Stretch 11:30 Catholic Communion 3:00 Music Therapy 3:30 Arts and Crafts 7:00 Wheel of Fortune 7:30 Jeopardy	**21** 9:30 Getting to Know You 10:00 Sit and Stretch 10:30 Daily Chronicles 11:00 Music Therapy 3:00 Snacks and Chats 3:30 Sorting 7:00 Father Brown
22 9:30 Getting to Know You 10:00 Church Service **Dr. Charles Stanley** 10:30 Sit & Stretch 11:00 Hymn Sing 11:30 Spiritual Eldercare 3:00 Snack Chat 3:30 Walking group	**23** **World Turtle Day** 9:30 Getting to Know You 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Taboo Game 11:30 Turtle Facts 3:00 Music with Craig 4:00 Bingo 7:00 Wheel of Fortune 7:30 Jeopardy	**24** 9:30 Getting to Know You 10:00 Exercise Class 10:30 Daily Devotions 11:00 Hymn Sing 11:30 Mind Joggers 3:00 Tea for Two Tuesday 3:30 Pictionary Game 6:30 Movie Club	**25** 9:30 Getting to Know You 10:00 Daily Devotions 10:30 Balloon Volleyball 11:00 Daily Chronicle 11:30 Walking Group 2:30 Baking Group 3:00 Pokeno 3:30 Chat and Chew 7:00 Wheel of Fortune 7:30 Jeopardy	**26** 9:30 Getting to Know You 10:00 Sit and Stretch 10:30 Daily Chronicle 11:00 Music with Mary Stella 3:00 Bingo 3:30 ShowTime **Golden Girls** 6:30 Beauty Spa	**27** 9:30 Getting to Know You 10:00 Daily Devotions 10:30 Hymn Sing 11:00 Sit and Stretch 11:30 Catholic Communion 3:00 Birthday Party 3:30 Music Therapy 7:00 Wheel of Fortune 7:30 Jeopardy	**28** 9:30 Getting to Know You 10:00 Sit and Stretch 10:30 Daily Chronicles 11:00 Music Therapy 3:00 Snacks and Chats 3:30 Sorting 7:00 Father Brown
29 9:30 Getting to Know You 10:00 Church Service **Dr. Charles Stanley** 10:30 Sit & Stretch 11:00 Hymn Sing 11:30 Spiritual Eldercare 3:00 Ice Cream Social 3:30 Walking group	**30** **Memorial Day** 9:30 Getting to Know You 10:00 Chair Exercise 10:30 Daily Chronicle 11:00 Patriotic Sing a Long 11:30 History of Memorial Day 3:00 Bingo 4:00 Mix and Mingle 7:00 Wheel of Fortune 7:30 Jeopardy	**31** 9:30 Getting to Know You 10:00 Exercise Class 10:30 Daily Devotions 11:00 Hymn Sing 11:30 Mind Joggers 3:00 Coffee and Convo 3:30 Karaoke 6:30 Movie Club				

Activities in RED are a featured activity/event. Activities are a minimum of 30 minutes each. Activities take place in the common areas, unless otherwise noted (O) Outside of Innovations (SR) Sensory Room