




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Happy Birthday Elaine K. – 2/1 Rachael D. – 2/2 Maria A. – 2/3 Pat S. – 2/3 Paul W. – 2/4 Tina C. – 2/5 Susan W. – 2/10 Joseph P. – 2/18		9:30 Getting to Know You 10:30 Daily Devotions 11:00 Exercise Class 11:30 This or That 3:00 Drama Club 3:30 Movie Time Me Before You	9:30 Getting to Know You 10:00 Daily Devotions 10:30 Exercise Class 11:00 Groundhog Trivia 3:00 Edible Groundhog Art 3:30 Chat and Chew 7:00 Wheel of Fortune 7:30 Jeopardy <small>Groundhog Day</small>	9:30 Getting to Know You 10:00 Daily Devotions 10:30 Morning Stretches 11:00 Word Scramble 3:00 Popping Party The Shop Around the Corner	9:30 Getting to Know You 10:00 Sit and Stretch 10:30 Daily Chronicles 11:00 Crossword Puzzles 3:00 Music Appreciation 3:30 Snack and Chats
9:30 Getting to Know You 10:00 Church Service 10:30 Morning Stretches 11:00 Spiritual Eldercare 3:00 Walking Group 3:30 Travel with Rick Steves	9:30 Getting to Know You 10:30 Daily Devotions 11:00 Basketball Game 11:30 Word Search 3:00 Music with Frances 7:00 Wheel of Fortune 7:30 Jeopardy	9:30 Getting to Know You 10:30 Daily Devotions 11:00 Hymn Sing 11:30 Chair Zumba 3:00 Sweetheart Bingo 3:30 Cookies and Convo	9:30 Getting to Know You 10:30 Daily Devotions 11:00 Exercise Class 11:30 This or That 3:00 Drama Club 3:30 Movie Time Ghost	9:30 Getting to Know You 10:00 Sit and Stretch 10:30 Music with Mary Stella 3:00 Valentine's Craft 3:30 Chat and Chew	9:30 Getting to Know You 10:00 Daily Devotions 10:30 Morning Stretches 11:00 Poetry Time 3:00 Popping Party Overboard	9:30 Getting to Know You 10:00 Sit and Stretch 10:30 Daily Chronicles 11:00 Crossword Puzzles 3:00 Music Appreciation 3:30 Snack and Chats
9:30 Getting to Know You 10:00 Church Service 10:30 Morning Stretches 11:00 Spiritual Eldercare 3:00 Pre-Game Social 3:30 Travel with Rick Steves 6:30 Superbowl Party	9:30 Getting to Know You 10:30 Daily Devotions 11:00 Balloon Volleyball 11:30 Word Builders 3:00 Name That Tune 7:00 Wheel of Fortune 7:30 Jeopardy	9:30 Getting to Know You 10:30 Daily Devotions 11:00 Exercise Class 11:30 Presidents Trivia 2:30 Valentine's Social 3:00 Social Hour	9:30 Getting to Know You 10:30 Daily Devotions 11:00 Exercise Class 11:30 This or That 3:00 Drama Club 3:30 Movie Time Viva Las Vegas	9:30 Getting to Know You 10:00 Daily Devotions 10:30 Exercise Class 11:00 Random Trivia 3:00 Baking Group 3:30 Chat and Chew 7:00 Wheel of Fortune 7:30 Jeopardy	9:30 Getting to Know You 10:00 Daily Devotions 10:30 Morning Stretches 11:00 Charades Game 3:00 Popping Party The Philadelphia Story	9:30 Getting to Know You 10:00 Sit and Stretch 10:30 Daily Chronicles 11:00 Crossword Puzzles 3:00 Music Appreciation 3:30 Snack and Chats
9:30 Getting to Know You 10:00 Church Service 10:30 Morning Stretches 11:00 Spiritual Eldercare 3:00 Walking Group 3:30 Travel with Rick Steves	9:30 Getting to Know You 10:30 Daily Devotions 11:00 Basketball Game 11:30 Presidents Trivia 3:00 Music with Joe 7:00 Wheel of Fortune 7:30 Jeopardy	9:30 Getting to Know You 10:30 Daily Devotions 11:00 Mardi Gras Facts 11:30 Chair Zumba 2:30 Mardi Gras Parade 3:00 Cookies and Convo	9:30 Getting to Know You 10:30 Daily Devotions 11:00 Catholic Service 11:30 This or That 3:00 Drama Club 3:30 Movie Time Titanic	9:30 Getting to Know You 10:00 Sit and Stretch 10:30 Music with Mary Stella 3:00 Arts and Crafts 3:30 Chat and Chew	9:30 Getting to Know You 10:00 Daily Devotions 10:30 Morning Stretches 11:00 Book Club 3:00 Popping Party Dirty Dancing	9:30 Getting to Know You 10:00 Sit and Stretch 10:30 Daily Chronicles 11:00 Crossword Puzzles 3:00 Music Appreciation 3:30 Snack and Chats
9:30 Getting to Know You 10:00 Church Service 10:30 Morning Stretches 11:00 Spiritual Eldercare 3:00 Walking Group 3:30 Travel with Rick Steves	9:30 Getting to Know You 10:30 Daily Devotions 11:00 Exercise Class 11:30 Word Search 3:00 Music with Craig 7:00 Wheel of Fortune 7:30 Jeopardy	9:30 Getting to Know You 10:30 Daily Devotions 11:00 Hymn Sing 11:30 Chair Zumba 3:00 Birthday Party 3:30 Music Therapy				

February 2023

Innovations

Auburn Hill | 5800 Harbour Lane, Midlothian, VA 23112

Activities in RED are a featured activity/event. Activities are a minimum of 30 minutes each. Activities take place in the common areas, unless otherwise noted (O) Outside of Innovations (SR) Sensory Room